

Saluting Our Area's Unsung Heroes



Posted: Tuesday, March 17, 2015 1:00 am

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"Amanda fits 'Unsung Hero' perfectly," said coach Anne Haky. "She works tirelessly in and out of season and pushes those around her to do better constantly. She is the backbone of this team."

The junior tri-captain is just 5-7 yet plays center. Last year she won the Coaches Award for basketball and this year she won it for cross country. Her freshman sister Julia plays volleyball and basketball.

AC, as her friends call her, works at the Ward Health Center in Windham. Carey, a graduate of St. Joseph's School in Salem, moved from Salem to Windham in 7th grade.

AC is a big fan of summering at the family beach house on Plum Island, Jason Aldean, "The Notebook," Japanese food, Mark Wahlberg and geometry teacher Mary Anderson.

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